STAY HOPEFUL AND INFORMED!

Some people may pretend to be your friend, but their intentions are not friendly. They may take advantage of your vulnerable situation.
Here are some practical tips to help keep you safe:

Protect your passport and don´t give it to anyone – even for safe keeping! Make a picture of it and send it to your email address and/or other people. Always keep your documents with you!

Do not give your phone away! Remember or write down the phone numbers of your most important contacts in case you loose it. Write your phone number on your child´s arm.

Take a picture of the passport of everyone who wants to help you and send it to your most trusted contacts! If they don´t allow that, don´t go any further.

Stay in groups! In case of an emergency, suspicious person or concern, please call the police immediately:
112 for Europe and **110** for Germany.

For your own safety, register yourself and your children with the local authorities as soon as possible. For more info see below!

More info for refugees in Germany here!
Website: bit.ly/3MSLVkx

German Help Hotline "Violence against women"
(Russian, English and other languages)

HILFE TELEFON
GEWALT GEGEN FRAUEN
08000 116 016

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